



ULVERSTONE SOCCER CLUB

Flora Street Sports Complex

PO Box 118, Ulverstone TAS 7315

ABN: 93 921 535 989

GO YOU REDS

CLUB POLICY DOCUMENT

Title: Injuries and Incidents

Policy: U001

Version: DRAFT 0.1

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INJURIES AND INCIDENTS

The following policy outlines the responsibilities of the club and coaches in the event of any incidents or injuries that occur at training or games.

INJURIES:

All injuries to players or officials of Ulverstone Soccer Club must be reported to the President within 24 hours of the injury occurring. The report may be sent via email to president@ulverstonesc.com or

The following information is required:

- Name of the injured person
- Date / time of the incident
- Training or Game
- Other people involved (eg another player who collided)
- A summary of First Aid applied
- Was the person taken to hospital? Taken by Ambulance or Other (specify)

Return from Injury:

Any player who sustains an injury should be carefully assessed before returning to play / train, regardless of whether the injury was sustained when involved with the club or elsewhere (eg another sport, work).

If the injury required medical attention, the club requires a written clearance or a return from injury plan from a doctor, physio, etc, **before** the person can participate in training or games for the club.

It is the club's policy that any person who suffers a serious injury, including but not limited to:

- to sprained ankle
- concussion
- hamstring or other muscle strain or injury
- broken bones
- knee injuries

should not play their first game after their recovery in a team with substitution rules (ie Northern Championship or WSL), but in a team with interchange rules. This is to assess if their fitness in a game situation with the option of resting them on the bench if needed.

An assessment can be made after this first match as to whether the player is ready for senior football.

The exception is a return from injury at the beginning of a new season, provided appropriate medical clearance is provided.

INCIDENTS:

All incidents of misconduct by players, officials and spectators should be reported to the President within 24 hours of the incident occurring. A brief report of the incident and any action taken should be emailed to president@ulverstonesc.com including who was involved and any witnesses.

For clarity, this includes when:

- a player is shown a red card
- an official or sent from the field by the referees
- misconduct or abusive language or behaviour by an Ulverstone Soccer Club supporter

Other incidents that should be reported are:

- the safety of players, officials or spectators is in danger
- misconduct or abusive language by spectators, opposition players or match officials
- harassment or discrimination of any kind

Responsible Person:

The person responsible to make the report varies depending on the incident. Please refer to the following table:

Incident	Responsible
Player is shown a red card	Coach or Team Manager
Team Official is sent from the field	Coach or Team Manager
Ulverstone support misconduct	Match Manager, Coach or Team Official <i>(assuming you are aware of it)</i>
Safety issue	The person(s) who became aware of the issue
Other misconduct, harassment or discrimination	The person(s) who witnessed it